



RETAINER PACKAGE OPTIONS



ESSIX RETAINERS

PROS:

- CLEAR, these retainers are nearly invisible on the teeth.
- You get two sets of the Upper and Lower retainers.
- Least expensive option out of all retainers.
- In some cases it helps with grinding of teeth at night.

CONS:

- Sensitive material can break easily, we will go over instructions on how to make them last a long time however they are known to break.
- NOT recommended for patients with small or short teeth, the retainers will not have enough retention and will not perform the best with short or small teeth.
- These retainers can NOT be adjusted in the case of non-compliance and a new retainer will need to be purchased as a result.
- In some cases worsen grinding of the teeth at night, patients can grind through the material and will need to purchase a new retainer or in some cases, a night guard appliance.



HAWLEY RETAINERS

PROS:

- These retainers are made of a very durable material, difficult to break.
- Great for patients with small or short teeth.
- Better option for patients that have started with spacing as these can be adjusted to keep spaces closed.
- If non-compliance is a concern or issue, these retainers can be adjusted to an extent to possibly correct any relapse.

CONS:

- These retainers are the most expensive.
-
- You only get one set of the Upper and Lower retainer
- The retainer is obviously visible, you can see the silver bar across the front of the teeth.



BONDED RETAINERS

PROS:

- Great for patients who may not be as compliant with wearing retainers as these are cemented in place behind the teeth.
- These retainers are not visible to anyone.
- These retainers can last forever, you can also have them removed at any time by our office or any dentist.
- Highly recommended for anyone that started treatment with moderate to severe crowding as relapse is likely if removable retainers are not worn as directed.
- Highly recommended to anyone who started with large spaces in the front teeth.

CONS:

- Not recommended for those who have difficulty with maintaining proper oral hygiene as it is more difficult to clean and floss in the area of the bonded retainer.
- Not every patient can get the bonded retainer on the Upper arch due to bite. If a patient has a deep bite they can bite the retainer off or break it.
- It can break like a brace, it does not happen often however if it does break and it goes unnoticed the teeth can obviously relapse. We warranty the bonded retainer for one year after placement.
- If an Upper bonded retainer is placed, it can only connect the four front teeth (the lower connects the six front teeth) and as a result Dr. DeQuattro will make a clear removable retainer, free of charge, to wear over the Upper bonded retainer once or twice a week at night.

**Any type of removable retainer (Hawley or Essix) will need to be worn full-time for 3 months and then every night until age 20 (if over the age of 20, it will be full time for 3 months and then every night for one year). After 3 months, your retainer will need to be worn once or twice a week forever.